

30.01-01.02.2025

29													
01.02.2025													
: AQUA 2024													
1.	100m: 59.36 59.36	05	200m: 2:01.03 1:01.67	300m: 3:03.71 1:02.68	400m: 4:03.96 1:00.25	22	<b>4:03.96</b>		734				
2.	100m: 59.95 59.95	10	200m: 2:02.65 1:02.70	300m: 3:05.71 1:03.06	400m: 4:04.42 58.71	22	<b>4:04.42</b>		729				
3.	100m: 58.85 58.85	07	200m: 2:02.41 1:03.56	300m: 3:07.01 1:04.60	400m: 4:10.55 1:03.54	-25	<b>4:10.55</b>		677				
4.	100m: 59.94 59.94	06	200m: 2:04.15 1:04.21	300m: 3:09.89 1:05.74	400m: 4:12.21 1:02.32		<b>4:12.21</b>		664				
5.	100m: 1:00.23 1:00.23	07	200m: 2:05.35 1:05.12	300m: 3:10.79 1:05.44	400m: 4:13.38 1:02.59		<b>4:13.38</b>		655				
6.	100m: 1:00.24 1:00.24	07	200m: 2:04.70 1:04.46	300m: 3:10.48 1:05.78	400m: 4:15.61 1:05.13	-3	<b>4:15.61</b>		638				
7.	100m: 1:00.48 1:00.48	07	200m: 2:05.39 1:04.91	300m: 3:11.41 1:06.02	400m: 4:15.86 1:04.45	-22	<b>4:15.86</b>		636				
8.	100m: 1:00.86 1:00.86	06	200m: 2:07.04 1:06.18	300m: 3:13.06 1:06.02	400m: 4:17.19 1:04.13		<b>4:17.19</b>		626				
9.	100m: 59.90 59.90	09	200m: 2:06.32 1:06.42	300m: 3:13.78 1:07.46	400m: 4:20.57 1:06.79	-4	<b>4:20.57</b>		602				
10.	100m: 1:02.89 1:02.89	10	200m: 2:09.49 1:06.60	300m: 3:17.49 1:08.00	400m: 4:21.37 1:03.88	-22	<b>4:21.37</b>		596				
11.	100m: 1:03.83 1:03.83	05	200m: 2:10.95 1:07.12	300m: 3:16.79 1:05.84	400m: 4:22.57 1:05.78		<b>4:22.57</b>		588				
12.	100m: 1:03.62 1:03.62	10	200m: 2:11.94 1:08.32	300m: 3:20.20 1:08.26	400m: 4:24.12 1:03.92	-5	<b>4:24.12</b>		578				
13.	100m: 1:03.25 1:03.25	11	200m: 2:11.15 1:07.90	300m: 3:19.34 1:08.19	400m: 4:25.88 1:06.54	-22	<b>4:25.88</b>		567				
14.	100m: 1:03.78 1:03.78	03	200m: 2:11.49 1:07.71	300m: 3:19.87 1:08.38	400m: 4:25.92 1:06.05	-5	<b>4:25.92</b>		566				
15.	100m: 1:03.78 1:03.78	09	200m: 2:12.30 1:08.52	300m: 3:20.65 1:08.35	400m: 4:26.15 1:05.50	-22	<b>4:26.15</b>		565				
16.	100m: 1:02.11 1:02.11	07	200m: 2:10.98 1:08.87	300m: 3:20.97 1:09.99	400m: 4:27.42 1:06.45	-4	<b>4:27.42</b>		557				
17.	100m: 1:02.50 1:02.50	07	200m: 2:11.43 1:08.93	300m: 3:21.91 1:10.48	400m: 4:30.97 1:09.06	-22	<b>4:30.97</b>		535				
18.	100m: 1:03.59 1:03.59	08	200m: 2:12.18 1:08.59	300m: 3:22.15 1:09.97	400m: 4:31.01 1:08.86	-4	<b>4:31.01</b>		535				
19.	100m: 1:05.78 1:05.78	09	200m: 2:15.08 1:09.30	300m: 3:22.59 1:07.51	400m: 4:31.37 1:08.78		<b>4:31.37</b>		533				
20.	100m: 1:04.66 1:04.66	08	200m: 2:14.19 1:09.53	300m: 3:23.77 1:09.58	400m: 4:31.82 1:08.05	-4	<b>4:31.82</b>		530				
21.	100m: 1:04.88 1:04.88	09	200m: 2:15.17 1:10.29	300m: 3:25.27 1:10.10	400m: 4:32.56 1:07.29	-22	<b>4:32.56</b>		526				

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29,		, 400m											
22.	100m:	1:04.67	1:04.67	200m:	2:14.17	1:09.50	300m:	3:24.47	1:10.30	400m:	4:33.57	1:09.10	520
											<b>4:33.57</b>		
23.	100m:	1:05.18	1:05.18	200m:	2:15.74	1:10.56	300m:	3:26.95	1:11.21	400m:	4:35.10	1:08.15	511
											<b>4:35.10</b>		
24.	100m:	1:05.37	1:05.37	200m:	2:16.59	1:11.22	300m:	3:28.59	1:12.00	400m:	4:37.10	1:08.51	500
											<b>4:37.10</b>		
25.	100m:	1:06.57	1:06.57	200m:	2:17.94	1:11.37	300m:	3:29.76	1:11.82	400m:	4:37.88	1:08.12	496
											<b>4:37.88</b>		
26.	100m:	1:04.50	1:04.50	200m:	2:15.49	1:10.99	300m:	3:27.07	1:11.58	400m:	4:38.04	1:10.97	495
											<b>4:38.04</b>		
27.	100m:	1:05.33	1:05.33	200m:	2:16.88	1:11.55	300m:	3:29.44	1:12.56	400m:	4:38.26	1:08.82	494
											<b>4:38.26</b>		
28.	100m:	1:06.97	1:06.97	200m:	2:18.68	1:11.71	300m:	3:31.02	1:12.34	400m:	4:42.67	1:11.65	471
											<b>4:42.67</b>		
29.	100m:	1:05.71	1:05.71	200m:	2:16.59	1:10.88	300m:	3:32.17	1:15.58	400m:	4:46.06	1:13.89	455
											<b>4:46.06</b>		
30.	100m:	1:04.45	1:04.45	200m:	2:16.92	1:12.47	300m:	3:32.31	1:15.39	400m:	4:47.36	1:15.05	449
											<b>4:47.36</b>		
31.	100m:	1:09.87	1:09.87	200m:	2:22.74	1:12.87	300m:	3:37.62	1:14.88	400m:	4:49.24	1:11.62	440
											<b>4:49.24</b>		
32.	100m:	1:07.92	1:07.92	200m:	2:23.58	1:15.66	300m:	3:38.89	1:15.31	400m:	4:51.61	1:12.72	429
											<b>4:51.61</b>		
33.	100m:	1:10.40	1:10.40	200m:	2:25.88	1:15.48	300m:	3:43.00	1:17.12	400m:	4:54.14	1:11.14	418
											<b>4:54.14</b>		
34.	100m:	1:07.33	1:07.33	200m:	2:22.28	1:14.95	300m:	3:40.37	1:18.09	400m:	4:57.47	1:17.10	404
											<b>4:57.47</b>		
35.	100m:	1:11.69	1:11.69	200m:	2:29.18	1:17.49	300m:	3:49.13	1:19.95	400m:	5:04.40	1:15.27	377
											<b>5:04.40</b>		
36.	100m:	1:11.19	1:11.19	200m:	2:30.50	1:19.31	300m:	3:51.19	1:20.69	400m:	5:06.60	1:15.41	369
											<b>5:06.60</b>		
37.	100m:	1:10.44	1:10.44	200m:	2:27.69	1:17.25	300m:	3:48.65	1:20.96	400m:	5:06.70	1:18.05	369
											<b>5:06.70</b>		
38.	100m:	1:10.92	1:10.92	200m:	2:30.57	1:19.65	300m:	3:52.51	1:21.94	400m:	5:09.13	1:16.62	360
											<b>5:09.13</b>		

29 , 400m (16-18 )  
01.02.2025

: AQUA 2024

29		, 400m											
1.	100m:	58.85	58.85	200m:	2:02.41	1:03.56	300m:	3:07.01	1:04.60	400m:	4:10.55	1:03.54	677
											<b>4:10.55</b>		
2.	100m:	1:00.23	1:00.23	200m:	2:05.35	1:05.12	300m:	3:10.79	1:05.44	400m:	4:13.38	1:02.59	655
											<b>4:13.38</b>		
3.	100m:	1:00.24	1:00.24	200m:	2:04.70	1:04.46	300m:	3:10.48	1:05.78	400m:	4:15.61	1:05.13	638
											<b>4:15.61</b>		

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29,		, 400m				(16-18 )									
4.	100m:	1:00.48	1:00.48	07	- -	200m:	2:05.39	1:04.91	300m:	3:11.41	1:06.02	400m:	4:15.86	I	636
5.	100m:	59.90	59.90	09	- -	200m:	2:06.32	1:06.42	300m:	3:13.78	1:07.46	400m:	4:20.57	I	602
6.	100m:	1:03.78	1:03.78	09 II	- -	200m:	2:12.30	1:08.52	300m:	3:20.65	1:08.35	400m:	4:26.15	I	565
7.	100m:	1:02.11	1:02.11	07	- -	200m:	2:10.98	1:08.87	300m:	3:20.97	1:09.99	400m:	4:27.42	I	557
8.	100m:	1:02.50	1:02.50	07	- -	200m:	2:11.43	1:08.93	300m:	3:21.91	1:10.48	400m:	4:30.97	I	535
9.	100m:	1:03.59	1:03.59	08	- -	200m:	2:12.18	1:08.59	300m:	3:22.15	1:09.97	400m:	4:31.01	II	535
10.	100m:	1:05.78	1:05.78	09	- -	200m:	2:15.08	1:09.30	300m:	3:22.59	1:07.51	400m:	4:31.37	II	533
11.	100m:	1:04.66	1:04.66	08 I	- -	200m:	2:14.19	1:09.53	300m:	3:23.77	1:09.58	400m:	4:31.82	II	530
12.	100m:	1:04.88	1:04.88	09 I	- -	200m:	2:15.17	1:10.29	300m:	3:25.27	1:10.10	400m:	4:32.56	II	526
13.	100m:	1:05.18	1:05.18	09 I	- -	200m:	2:15.74	1:10.56	300m:	3:26.95	1:11.21	400m:	4:35.10	II	511
14.	100m:	1:05.37	1:05.37	09 I	- -	200m:	2:16.59	1:11.22	300m:	3:28.59	1:12.00	400m:	4:37.10	II	500
15.	100m:	1:06.57	1:06.57	08 II	- -	200m:	2:17.94	1:11.37	300m:	3:29.76	1:11.82	400m:	4:37.88	II	496
16.	100m:	1:04.50	1:04.50	08 I	- -	200m:	2:15.49	1:10.99	300m:	3:27.07	1:11.58	400m:	4:38.04	II	495
17.	100m:	1:05.33	1:05.33	09 I	- -	200m:	2:16.88	1:11.55	300m:	3:29.44	1:12.56	400m:	4:38.26	II	494
18.	100m:	1:06.97	1:06.97	09 I	- -	200m:	2:18.68	1:11.71	300m:	3:31.02	1:12.34	400m:	4:42.67	II	471
19.	100m:	1:05.71	1:05.71	09 I	- -	200m:	2:16.59	1:10.88	300m:	3:32.17	1:15.58	400m:	4:46.06	II	455
20.	100m:	1:04.45	1:04.45	09 II	- -	200m:	2:16.92	1:12.47	300m:	3:32.31	1:15.39	400m:	4:47.36	II	449
21.	100m:	1:07.92	1:07.92	09 II	- -	200m:	2:23.58	1:15.66	300m:	3:38.89	1:15.31	400m:	4:51.61	II	429
22.	100m:	1:10.44	1:10.44	09 II	- -	200m:	2:27.69	1:17.25	300m:	3:48.65	1:20.96	400m:	5:06.70		369
EXH	100m:	1:02.55	1:02.55	05	- -	200m:	2:09.74	1:07.19	300m:	3:17.07	1:07.33	400m:	4:21.15	I	598

22" 50

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