

30.01-01.02.2025

21		, 400m										
31.01.2025												
: AQUA 2024												
/												
1.				07	-	-			-22	4:52.95	I	567
	100m:	1:07.69	1:07.69	200m:	2:25.74	1:18.05	300m:	3:48.57	1:22.83	400m:	4:52.95	1:04.38
2.				09					-3	4:53.36	I	564
	100m:	1:08.75	1:08.75	200m:	2:26.80	1:18.05	300m:	3:48.12	1:21.32	400m:	4:53.36	1:05.24
3.				07					-3	4:55.53	I	552
	100m:	1:08.24	1:08.24	200m:	2:22.44	1:14.20	300m:	3:47.33	1:24.89	400m:	4:55.53	1:08.20
4.				07	-	-			-22	4:57.87	I	539
	100m:	1:06.27	1:06.27	200m:	2:22.37	1:16.10	300m:	3:49.72	1:27.35	400m:	4:57.87	1:08.15
5.				07 I	-	-				5:00.86	I	523
	100m:	1:05.47	1:05.47	200m:	2:23.44	1:17.97	300m:	3:52.01	1:28.57	400m:	5:00.86	1:08.85
6.				11 I					-5	5:09.64	II	480
	100m:	1:10.64	1:10.64	200m:	2:33.08	1:22.44	300m:	4:01.95	1:28.87	400m:	5:09.64	1:07.69
7.				07 I					-13	5:10.23	II	477
	100m:	1:11.87	1:11.87	200m:	2:31.28	1:19.41	300m:	4:00.23	1:28.95	400m:	5:10.23	1:10.00
8.				10 I					-3	5:21.75	II	428
	100m:	1:17.17	1:17.17	200m:	2:40.52	1:23.35	300m:	4:09.52	1:29.00	400m:	5:21.75	1:12.23
9.				10 II					-1	5:25.77	II	412
	100m:	1:10.52	1:10.52	200m:	2:36.12	1:25.60	300m:	4:10.51	1:34.39	400m:	5:25.77	1:15.26
10.				09 II	-	-			-13	6:10.06		281
	100m:	1:25.11	1:25.11	200m:	2:59.00	1:33.89	300m:	4:34.24	1:35.24	400m:	6:10.06	1:35.82

21		, 400m										(16-18)
31.01.2025												
: AQUA 2024												
/												
1.				07	-	-			-22	4:52.95	I	567
	100m:	1:07.69	1:07.69	200m:	2:25.74	1:18.05	300m:	3:48.57	1:22.83	400m:	4:52.95	1:04.38
2.				09					-3	4:53.36	I	564
	100m:	1:08.75	1:08.75	200m:	2:26.80	1:18.05	300m:	3:48.12	1:21.32	400m:	4:53.36	1:05.24
3.				07					-3	4:55.53	I	552
	100m:	1:08.24	1:08.24	200m:	2:22.44	1:14.20	300m:	3:47.33	1:24.89	400m:	4:55.53	1:08.20
4.				07	-	-			-22	4:57.87	I	539
	100m:	1:06.27	1:06.27	200m:	2:22.37	1:16.10	300m:	3:49.72	1:27.35	400m:	4:57.87	1:08.15
5.				07 I	-	-				5:00.86	I	523
	100m:	1:05.47	1:05.47	200m:	2:23.44	1:17.97	300m:	3:52.01	1:28.57	400m:	5:00.86	1:08.85
6.				07 I					-13	5:10.23	II	477
	100m:	1:11.87	1:11.87	200m:	2:31.28	1:19.41	300m:	4:00.23	1:28.95	400m:	5:10.23	1:10.00
7.				09 II	-	-			-13	6:10.06		281
	100m:	1:25.11	1:25.11	200m:	2:59.00	1:33.89	300m:	4:34.24	1:35.24	400m:	6:10.06	1:35.82
EXH				07					-6	5:00.78	I	524
	100m:	1:06.30	1:06.30	200m:	2:24.64	1:18.34	300m:	3:47.57	1:22.93	400m:	5:00.78	1:13.21

22" 50

ALGE

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30.01-01.02.2025 .

21, , 400m

EXH

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07
100m: 1:08.87 1:08.87 200m: 2:30.35 1:21.48 300m: 3:57.22 1:26.87 400m: 5:06.59 1:09.37
5:06.59 | 494

" " " 22" 50

ALGE