

30.01-01.02.2025

11
30.01.2025

, 1500m

: AQUA 2024

1.			05					22	16:18.95	704		
	100m:	1:01.88	1:01.88	500m:	5:23.81	1:06.35	900m:	9:48.00	1:05.87	1300m:	14:10.59	1:04.92
	200m:	2:07.05	1:05.17	600m:	6:29.96	1:06.15	1000m:	10:53.67	1:05.67	1400m:	15:15.80	1:05.21
	300m:	3:12.05	1:05.00	700m:	7:35.93	1:05.97	1100m:	12:00.34	1:06.67	1500m:	16:18.95	1:03.15
	400m:	4:17.46	1:05.41	800m:	8:42.13	1:06.20	1200m:	13:05.67	1:05.33			
2.			07			- -		-22	16:55.52	630		
	100m:	1:02.62	1:02.62	500m:	5:29.96	1:08.88	900m:	10:07.40	1:09.31	1300m:	14:42.73	1:08.48
	200m:	2:07.65	1:05.03	600m:	6:39.11	1:09.15	1000m:	11:17.01	1:09.61	1400m:	15:50.94	1:08.21
	300m:	3:13.23	1:05.58	700m:	7:48.74	1:09.63	1100m:	12:25.47	1:08.46	1500m:	16:55.52	1:04.58
	400m:	4:21.08	1:07.85	800m:	8:58.09	1:09.35	1200m:	13:34.25	1:08.78			
3.			10 I			- -		-22	17:12.11	601		
	100m:	1:04.76	1:04.76	500m:	5:42.47	1:09.65	900m:	10:19.98	1:09.72	1300m:	14:57.98	1:09.78
	200m:	2:14.02	1:09.26	600m:	6:51.53	1:09.06	1000m:	11:29.35	1:09.37	1400m:	16:07.32	1:09.34
	300m:	3:23.57	1:09.55	700m:	8:01.39	1:09.86	1100m:	12:38.61	1:09.26	1500m:	17:12.11	1:04.79
	400m:	4:32.82	1:09.25	800m:	9:10.26	1:08.87	1200m:	13:48.20	1:09.59			
4.			11 I			- -		-22	17:18.83	589		
	100m:	1:05.76	1:05.76	500m:	5:45.61	1:10.07	900m:	10:24.26	1:09.76	1300m:	15:02.24	1:09.41
	200m:	2:15.94	1:10.18	600m:	6:55.08	1:09.47	1000m:	11:33.54	1:09.28	1400m:	16:11.23	1:08.99
	300m:	3:25.94	1:10.00	700m:	8:04.82	1:09.74	1100m:	12:43.20	1:09.66	1500m:	17:18.83	1:07.60
	400m:	4:35.54	1:09.60	800m:	9:14.50	1:09.68	1200m:	13:52.83	1:09.63			
5.			10 I			- -		-22	17:38.38 I	557		
	100m:	1:07.00	1:07.00	500m:	5:53.77	1:11.84	900m:	10:38.93	1:10.87	1300m:	15:21.27	1:10.49
	200m:	2:18.19	1:11.19	600m:	7:05.46	1:11.69	1000m:	11:49.62	1:10.69	1400m:	16:31.39	1:10.12
	300m:	3:30.12	1:11.93	700m:	8:16.66	1:11.20	1100m:	13:00.43	1:10.81	1500m:	17:38.38	1:06.99
	400m:	4:41.93	1:11.81	800m:	9:28.06	1:11.40	1200m:	14:10.78	1:10.35			
6.			07			- -		-22	17:40.48 I	554		
	100m:	1:05.65	1:05.65	500m:	5:46.71	1:10.66	900m:	10:32.66	1:11.61	1300m:	15:19.47	1:11.92
	200m:	2:14.98	1:09.33	600m:	6:58.11	1:11.40	1000m:	11:43.99	1:11.33	1400m:	16:31.14	1:11.67
	300m:	3:25.51	1:10.53	700m:	8:09.24	1:11.13	1100m:	12:55.87	1:11.88	1500m:	17:40.48	1:09.34
	400m:	4:36.05	1:10.54	800m:	9:21.05	1:11.81	1200m:	14:07.55	1:11.68			
7.			09 I			- -		-22	17:48.59 I	541		
	100m:	1:05.79	1:05.79	500m:	5:49.14	1:11.21	900m:	10:35.76	1:12.06	1300m:	15:25.86	1:12.50
	200m:	2:16.32	1:10.53	600m:	7:00.46	1:11.32	1000m:	11:48.31	1:12.55	1400m:	16:38.61	1:12.75
	300m:	3:27.35	1:11.03	700m:	8:11.69	1:11.23	1100m:	13:00.74	1:12.43	1500m:	17:48.59	1:09.98
	400m:	4:37.93	1:10.58	800m:	9:23.70	1:12.01	1200m:	14:13.36	1:12.62			
8.			10 I					-4	17:56.05 I	530		
	100m:	1:05.34	1:05.34	500m:	5:51.07	1:12.60	900m:	10:42.28	1:12.83	1300m:	15:34.22	1:12.96
	200m:	2:16.16	1:10.82	600m:	7:03.97	1:12.90	1000m:	11:55.45	1:13.17	1400m:	16:46.54	1:12.32
	300m:	3:26.96	1:10.80	700m:	8:16.26	1:12.29	1100m:	13:08.33	1:12.88	1500m:	17:56.05	1:09.51
	400m:	4:38.47	1:11.51	800m:	9:29.45	1:13.19	1200m:	14:21.26	1:12.93			
9.			07					-4	18:06.43 I	515		
	100m:	1:05.75	1:05.75	500m:	5:57.27	1:13.73	900m:	10:48.85	1:13.13	1300m:	15:43.05	1:13.32
	200m:	2:17.93	1:12.18	600m:	7:09.51	1:12.24	1000m:	12:02.32	1:13.47	1400m:	16:56.23	1:13.18
	300m:	3:30.55	1:12.62	700m:	8:22.35	1:12.84	1100m:	13:16.08	1:13.76	1500m:	18:06.43	1:10.20
	400m:	4:43.54	1:12.99	800m:	9:35.72	1:13.37	1200m:	14:29.73	1:13.65			
10.			08 II					-5	18:13.77 I	505		
	100m:	1:08.41	1:08.41	500m:	6:04.34	1:13.95	900m:	10:59.08	1:13.64	1300m:	15:51.72	1:13.39
	200m:	2:22.23	1:13.82	600m:	7:18.29	1:13.95	1000m:	12:12.48	1:13.40	1400m:	17:02.49	1:10.77
	300m:	3:36.31	1:14.08	700m:	8:31.83	1:13.54	1100m:	13:25.39	1:12.91	1500m:	18:13.77	1:11.28
	400m:	4:50.39	1:14.08	800m:	9:45.44	1:13.61	1200m:	14:38.33	1:12.94			

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ALGE

30.01-01.02.2025

11, , 1500m

11.			08 I	- -	-4	18:17.63 I	499	
	100m: 1:05.15	1:05.15	500m: 5:59.52	1:14.30	900m: 10:57.22	1:13.41	1300m: 15:54.72	1:14.45
	200m: 2:17.98	1:12.83	600m: 7:14.03	1:14.51	1000m: 12:11.84	1:14.62	1400m: 17:07.53	1:12.81
	300m: 3:31.21	1:13.23	700m: 8:28.61	1:14.58	1100m: 13:26.31	1:14.47	1500m: 18:17.63	1:10.10
	400m: 4:45.22	1:14.01	800m: 9:43.81	1:15.20	1200m: 14:40.27	1:13.96		
12.			09 I		-5	18:18.75 I	498	
	100m: 1:05.61	1:05.61	500m: 5:56.70	1:12.83	900m: 10:50.66	1:14.43	1300m: 15:49.98	1:14.30
	200m: 2:18.11	1:12.50	600m: 7:09.51	1:12.81	1000m: 12:05.71	1:15.05	1400m: 17:04.21	1:14.23
	300m: 3:31.04	1:12.93	700m: 8:22.48	1:12.97	1100m: 13:21.69	1:15.98	1500m: 18:18.75	1:14.54
	400m: 4:43.87	1:12.83	800m: 9:36.23	1:13.75	1200m: 14:35.68	1:13.99		
13.			09 I		-2	18:22.66 I	492	
	100m: 1:07.99	1:07.99	500m: 6:03.46	1:14.19	900m: 10:59.66	1:13.96	1300m: 15:57.03	1:14.51
	200m: 2:21.41	1:13.42	600m: 7:17.92	1:14.46	1000m: 12:13.70	1:14.04	1400m: 17:10.98	1:13.95
	300m: 3:34.97	1:13.56	700m: 8:31.53	1:13.61	1100m: 13:28.04	1:14.34	1500m: 18:22.66	1:11.68
	400m: 4:49.27	1:14.30	800m: 9:45.70	1:14.17	1200m: 14:42.52	1:14.48		
14.			11 II		-1	19:09.76 II	434	
	100m: 1:09.05	1:09.05	500m: 6:16.14	1:19.04	900m: 11:25.55	1:18.75	1300m: 16:42.62	1:19.33
	200m: 2:23.89	1:14.84	600m: 7:31.37	1:15.23	1000m: 12:45.28	1:19.73	1400m: 17:57.54	1:14.92
	300m: 3:39.68	1:15.79	700m: 8:49.18	1:17.81	1100m: 14:05.38	1:20.10	1500m: 19:09.76	1:12.22
	400m: 4:57.10	1:17.42	800m: 10:06.80	1:17.62	1200m: 15:23.29	1:17.91		

11, , 1500m

(16-18)

30.01.2025

: AQUA 2024

1.			07	- -	-22	16:55.52	630	
	100m: 1:02.62	1:02.62	500m: 5:29.96	1:08.88	900m: 10:07.40	1:09.31	1300m: 14:42.73	1:08.48
	200m: 2:07.65	1:05.03	600m: 6:39.11	1:09.15	1000m: 11:17.01	1:09.61	1400m: 15:50.94	1:08.21
	300m: 3:13.23	1:05.58	700m: 7:48.74	1:09.63	1100m: 12:25.47	1:08.46	1500m: 16:55.52	1:04.58
	400m: 4:21.08	1:07.85	800m: 8:58.09	1:09.35	1200m: 13:34.25	1:08.78		
2.			07	- -	-22	17:40.48 I	554	
	100m: 1:05.65	1:05.65	500m: 5:46.71	1:10.66	900m: 10:32.66	1:11.61	1300m: 15:19.47	1:11.92
	200m: 2:14.98	1:09.33	600m: 6:58.11	1:11.40	1000m: 11:43.99	1:11.33	1400m: 16:31.14	1:11.67
	300m: 3:25.51	1:10.53	700m: 8:09.24	1:11.13	1100m: 12:55.87	1:11.88	1500m: 17:40.48	1:09.34
	400m: 4:36.05	1:10.54	800m: 9:21.05	1:11.81	1200m: 14:07.55	1:11.68		
3.			09 I	- -	-22	17:48.59 I	541	
	100m: 1:05.79	1:05.79	500m: 5:49.14	1:11.21	900m: 10:35.76	1:12.06	1300m: 15:25.86	1:12.50
	200m: 2:16.32	1:10.53	600m: 7:00.46	1:11.32	1000m: 11:48.31	1:12.55	1400m: 16:38.61	1:12.75
	300m: 3:27.35	1:11.03	700m: 8:11.69	1:11.23	1100m: 13:00.74	1:12.43	1500m: 17:48.59	1:09.98
	400m: 4:37.93	1:10.58	800m: 9:23.70	1:12.01	1200m: 14:13.36	1:12.62		
4.			07		-4	18:06.43 I	515	
	100m: 1:05.75	1:05.75	500m: 5:57.27	1:13.73	900m: 10:48.85	1:13.13	1300m: 15:43.05	1:13.32
	200m: 2:17.93	1:12.18	600m: 7:09.51	1:12.24	1000m: 12:02.32	1:13.47	1400m: 16:56.23	1:13.18
	300m: 3:30.55	1:12.62	700m: 8:22.35	1:12.84	1100m: 13:16.08	1:13.76	1500m: 18:06.43	1:10.20
	400m: 4:43.54	1:12.99	800m: 9:35.72	1:13.37	1200m: 14:29.73	1:13.65		
5.			08 II		-5	18:13.77 I	505	
	100m: 1:08.41	1:08.41	500m: 6:04.34	1:13.95	900m: 10:59.08	1:13.64	1300m: 15:51.72	1:13.39
	200m: 2:22.23	1:13.82	600m: 7:18.29	1:13.95	1000m: 12:12.48	1:13.40	1400m: 17:02.49	1:10.77
	300m: 3:36.31	1:14.08	700m: 8:31.83	1:13.54	1100m: 13:25.39	1:12.91	1500m: 18:13.77	1:11.28
	400m: 4:50.39	1:14.08	800m: 9:45.44	1:13.61	1200m: 14:38.33	1:12.94		

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ALGE

30.01-01.02.2025

11, , 1500m , (16-18)

6.			08	- -	-4	18:17.63	499					
	100m:	1:05.15	1:05.15	500m:	5:59.52	1:14.30	900m:	10:57.22	1:13.41	1300m:	15:54.72	1:14.45
	200m:	2:17.98	1:12.83	600m:	7:14.03	1:14.51	1000m:	12:11.84	1:14.62	1400m:	17:07.53	1:12.81
	300m:	3:31.21	1:13.23	700m:	8:28.61	1:14.58	1100m:	13:26.31	1:14.47	1500m:	18:17.63	1:10.10
	400m:	4:45.22	1:14.01	800m:	9:43.81	1:15.20	1200m:	14:40.27	1:13.96			
7.			09				-5	18:18.75	498			
	100m:	1:05.61	1:05.61	500m:	5:56.70	1:12.83	900m:	10:50.66	1:14.43	1300m:	15:49.98	1:14.30
	200m:	2:18.11	1:12.50	600m:	7:09.51	1:12.81	1000m:	12:05.71	1:15.05	1400m:	17:04.21	1:14.23
	300m:	3:31.04	1:12.93	700m:	8:22.48	1:12.97	1100m:	13:21.69	1:15.98	1500m:	18:18.75	1:14.54
	400m:	4:43.87	1:12.83	800m:	9:36.23	1:13.75	1200m:	14:35.68	1:13.99			
8.			09				-2	18:22.66	492			
	100m:	1:07.99	1:07.99	500m:	6:03.46	1:14.19	900m:	10:59.66	1:13.96	1300m:	15:57.03	1:14.51
	200m:	2:21.41	1:13.42	600m:	7:17.92	1:14.46	1000m:	12:13.70	1:14.04	1400m:	17:10.98	1:13.95
	300m:	3:34.97	1:13.56	700m:	8:31.53	1:13.61	1100m:	13:28.04	1:14.34	1500m:	18:22.66	1:11.68
	400m:	4:49.27	1:14.30	800m:	9:45.70	1:14.17	1200m:	14:42.52	1:14.48			

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